

*We will meet:
Ma'at, Sekhmet
Hathor, Bast,
Isis*



*The Mountain
Retreat and
Learning
Center
Highlands, NC*

Journey to the Soul of Ancient Egypt

*The Ancient Egyptians utilized many
Goddesses to help them to understand
their world and to find spiritual guidance.*

*Join us to meet these amazing
Goddesses.*

UWomenspirit Spring 2022

May 18th-22nd, 2022



Ever wondered about Ancient Egyptian Goddesses other than just Isis? Come along with your Spring 2022 Planning Committee as we present to you our re-creation of Ancient Egyptian Goddess worship on the Nile! We will dive into the way in which worship was viewed, how it was incorporated into daily life and how it could be as much fun as it was Sacred. Combining elements of décor, sacred words, and activities, we hope to make Worship into Magic! We will get to know the Goddesses Ma'at, Hathor, Bast, Sekhmet and of course Isis.

Come Sisters...Ancient Egypt is calling!



This Sacred Event is intentionally and lovingly imagined and manifested by your
Spring 2022 Planning Committee:

From Right to Left:

Carolyn Pilgrim ~ Scribe

Shauna Ireland ~ Sales and Activities

Rev. Maggie Lovins ~ Worship Director

Linda Myers ~ Event Coordinator and Tracks and Workshops

Kim Sitton ~ Worship Team

All women, eighteen years of age and older, are invited to attend the 2022 Spring Institute and Gathering at The Mountain Retreat and Learning Center in Highlands, North Carolina. Sponsored by UUWomenspirit, events are open to all interested women. We encourage and affirm diversity.



The purpose of UUWomenspirit is to create, conduct, and support activities that encourage and empower women to explore their religious and spiritual origins, experiences, and beliefs. Pursuing, nurturing, and affirming creativity and diversity are major emphases. There is a strong commitment to developing the use of consensus as the model for all decision-making. All the work of UUWomenspirit is done by volunteers; there are no paid positions. All women are welcome at UUWomenspirit, regardless of sex assigned at birth.

Two programs are offered. The **Weekday Institute** is Wednesday afternoon through Friday morning. Choose from a selection of in-depth Weekday Tracks for an intimate and intensive environment in which to explore life's journeys, joys, and experiences. The **Weekend Gathering** begins on Friday afternoon and runs through Sunday morning. Full-day and half-day Weekend Workshops offer personal discovery within community connection. The Gathering grows in numbers (and energy) to as many as 80 women or more.

You can attend the Institute or the Gathering or both!

Weekday Institute Tracks

From Wednesday evening May 18 through Friday morning May 20

Welcoming the Egyptian Goddesses into our Lives **With Peggy Moore**

24 participants max.
\$8 materials fee

We will explore the symbology and meaning behind the legends and stories of ancient Egyptian Goddesses, examining the archetypes of Bast, Ma'at, Hathor, Isis, and Sekhmet, with brief looks at a few others. We'll see how the characteristics of the Goddesses weave into the elements and the directions of the Medicine Wheel (or Spirit Wheel). In addition, we will delve into the correlation between the Egyptian deity and the pre-Celtic pantheon of Ireland. Our focus will be applying the guidance and lessons of the ancients to our modern-day lives. We will explore our own connection with the Divine and maybe ask a little help from the Goddesses to guide us in our journey of life.

Peggy Reeder Moore is a life-long student of spiritual and metaphysical studies and has followed her heart on spiritual journeys in several countries including numerous trips to the ancient sacred sites in Egypt and the mounds, standing stones, and sacred sites of Ireland, as well as Scotland, Wales and England. She leads sacred tours through her business, Mother Earth Sacred Tours, Inc., focusing on weaving the stories of the pre-Celtic and ancient Egyptian peoples. Peggy has practiced and taught meditation most of her life and is associated with the Institute for Study of Universal Life Energy. She is a practitioner of Timeline Healing Therapy. She leads ceremonies for the Eightfold Celtic Holy Days and the Irish Spirit Wheel. Currently at Osher Life Long Learning Institute at University of North Carolina, she teaches courses in Celtic Spirituality, Ireland's Sacred Sites, and Meditation. Contact her at pegnoia@gmail.com or Peggy@MotherEarthSacredTours.net.

The Magic of Tarot and Women's Circle Dance **With Linda Sanders and Reid Suchanec**

15 participants max.
\$20 materials fee

Come explore the magic of Tarot and Women's circle dancing combined together in a track designed to provide a healing experience for these troubled times. Following the Egyptian themes of birth (motherhood), death, and rebirth, we will do readings, dance dances and other healing activities. The participant fee will provide everyone with their own Egyptian Oracle deck to use in the workshop and take home. You are encouraged to bring your favorite tarot deck and the track leaders will have additional decks for your use.

Reid Suchanec and Linda Sanders are long time UUWomenspirit participants. They have been doing tarot readings and Women's circle dancing together for many years and are delighted to combine two of their favorite activities to bring you this track.

Priestessing in Our Time **With Betsy Bickel**

20 participants max.

We will weave together ritual, song, dance, trance, creative writing, healing and moving meditation as we explore together what it means to embody the priestess role in 2022.

Betsy has led variations on this several times at UUWomenspirit, SUUSI, Covenant of the Goddess and various festivals and events. She has taught massage, bellydance, Goddess Grace Moving Meditation (her creation), and led rituals for over 30 years. Her primary work for the last 30+ years is healing, through massage, other bodywork and hypnosis. She writes songs and sings with Jewelsong and is working on a musical about the return of the Goddess. She's currently co-organizing a CUUPS chapter at ERUUF.

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Weekday Institute Tracks, *continued*

The Goddesses: Images and Intention With Kate Stockman

12 Participants max.
\$13 Materials fee

Join us for a time of rich discussion and creation as we explore images of the Goddess: "Who is She? What does She symbolize to me? Where does She show up in my life?" We will create collage in board books as you tell your story of the Goddess(es) you connect with the most, from Egyptian or any (or all) pantheons. We will play with collage, writing, and sharing. At the end of our track, we will create our own Intention candle to take home. Bring your own scissors, mags/catalogs/images/etc. (to use and to share for words and images), and close-up glasses if you need them. Kate will provide board books, glue, and mixed-media and candle supplies.

Kate Stockman is a priestess of the Feminine Divine. She is deeply grateful that her Muse whispers to her, inspiring her "TouchStones Anecdotal Art" (each piece tells a story, perhaps it touches your story) assemblage jewelry and bookbinding. Kate cherishes being in circles of women.



**It is advisable to register as early as possible to ensure you receive your first choice of tracks/workshops. Some tracks/workshops can involve emotional growth experiences which can be stressful. If you are in therapy, you may want to consult with your therapist before making your selection. **

Weekend Gathering Workshops: Saturday, May 21

Full-Day

Amulets, Theory and Construction

With Eleanor Cutts

10 participants max.

\$15 Materials fee

Amulets are used by many traditional cultures worldwide. We will spend some time looking at symbolism of form, materials, color, and purpose. We will examine our own values and needs to create our own unique amulet(s). She will bring a variety of materials from her immense bead hoard to share, including semi-precious stones, colored beads and thread, artifacts, shells, buttons, and wire. Participants are encouraged to bring materials that carry meaning for them.

Eleanor has taught bead related workshops at UUWomenspirit in the past as well as through the Emerald Coast Bead Society. Eleanor has a BA in Fine Art and a Masters in Education. She currently works with very young children with special needs and their families. Eleanor is one of the founding members of the Emerald Coast Bead Society and often teaches workshops for them. She has been attending UUWomenspirit, (off and on) since 1992.

Honoring Our Crone Wisdom

With Amber Grey

14 participants max.

To be a Crone is to enter into a time in one's life to honor the wisdom acquired through our lived decades. Although traditionally a woman is thought to be a Crone when she is in her 50's and post-menopause, a woman can honor her Cronehood as she passes to the other side of any major life transition: when her children leave home, following divorce or the death of a loved one, or when she changes her profession or retires from work. In this workshop, we will claim what we learned in each decade of our life, decorate masks that celebrate our Crone Wisdom, develop a statement of intent for the next decade, and create wreaths to name and honor our wonderful, wise Crone selves.

Amber has been a member of UUWomenspirit since 2002 and has led multiple Croning Workshops and Tracks over the years.

Drumming for the Heartbeat of the Earth

With Jody Gundersen

12 participants max.

We're out of step, as a species. Few are marching to the beat of ANY drum. They say that drumming changes the vibrations within five miles. Let's play with the heartbeat of the Earth and change some vibrations!! Let's get us all walking like Egyptians!! Look what they accomplished! Jody teaches African style Ashikos and djembes, with a First People's style Mother Drum. In that light, she would be honored and grateful if all her drumming sisters would come to the event!! *And those who choose other workshops could lend your drums for this workshop?* What great drumming and dancing we could have Saturday evening!!

Jody Gundersen has been coming to UUWomenspirit for over 30 years. She's facilitated drum workshops many times. She's drummed with world class women drummers. No brag, just fact. She is a shaman and hypnotherapist. And most importantly, has a therapy pup in training named Cadence. No relation. She doesn't think. Except for the whole "no coincidences" thing.

If you have a spare drum- we could really use a few extra for this workshop, please!



Saturday Gathering Full-Day Workshops, *continued*

Filling Our Basket with Tools for Resilience With Katie Bloedau

12 participants max.

We will gather tools for resilience in a sacred circle of women. Mounds of research suggests that focusing our energy and attention on gratitude, wonder, reflection, meaning, awe, and humor is nourishing and protective to the spirit. Expect to write, walk, talk and sing a bit. Consider the basic needs for food, water, sleep, security, and beauty in terms of boosting self-care. Katie will bring teachings and techniques from variety of sources: Tara practices with Rachel Wooten, songs of Kathleen Hannan, resilience experts at Duke Health, Byron Katie's The Work (humble inquiry to the thoughts/beliefs that bring us stress/angst), Joanna Macy's Active Hope (looking honestly at the messes of the world and still hanging in there to do something about them) and from Resmaa Menakem's My Grandmother's Hands (exploring the embodied ways that we carry – and can release - racialized generational trauma). We will learn from each other, honor our own deep wisdom, and go home with a basket full of tools for the times ahead. Bring your journal and an open heart!

Katie has been coming to UUWomenspirit since she was a teenager in the late 1980s. This workshop arises from recent workshops like Tina Whittle's "Tower Times" on using Tarot in times of upheaval in Autumn 2021 and Elizabeth Thomas's "Gaia, Our Temple" on climate change in Autumn 2019. In addition, workshops Katie has attended and facilitated for other nurses and healthcare workers over the last 13 years have focused on resilience, trying to mitigate the impact of burnout. More recently, she has been working with climate change volunteers and anti-racism groups, to overcome despair and paralysis. As she works with the existential dread and feelings of shame, horror and grief so common in these times, UUWomenspirit retreats have restored her spirit time and again.



Weekend Gathering Workshops: Saturday, May 21

Half-Day: Morning

Embrace Your Divine Creativity with Improv **With Tammy Sadler**

10 participants max.

Cultivate the power of your inner funny bone through simple games and “exercises” designed to unleash your divine creativity. IMPROV will not mimic the TV show. You will sharpen your listening and interpreting skills while having FUN!!!! Wear loose clothing and expect to laugh A LOT!

Tammy has performed in various drama productions and performed improv comedy with the Soylent Greensboro Improv group through the Greensboro City Arts Program for several years prior to moving to Asheville. She loves doing things that make her friends and herself laugh! She hopes everyone who comes to her workshop is ready to play and have fun. Tammy has been active with UU Womenspirit for over 10 years and is currently on the Coco as the Volunteer Coordinator.

Sacred Seconds **Self Guided**

Do you have some past UUWomenspirit projects lying around that didn't quite get finished at the Mountain? Or maybe you've only completed the left hand of that pair of wool mittens you started knitting last fall. If so, bring your projects back to the Mountain and finish them up in a sacred space with your Sisters. Whatever unfinished project you have that could use a second look, now's the time to finish your masterpiece in good company. This is a self-facilitated workshop. Please bring whatever supplies you need to see your project to completion while enjoying a second helping of Sacred Sister time!

Exploring The Feminine: Gender and Sexuality **With Nina Brewer-Davis**

12 participants max.

What is "the feminine?" We are re-awakening to a fuller understanding of the complexity and variety of gender, and re-learning the truth that gender is not known by checking inside a baby's diaper. In this workshop we will explore the meaning of the feminine beyond plumbing or private parts. This workshop will be an introduction to an expanded awareness of gender, including biological, identity, and historical/cultural aspects. We will learn about cultural traditions involving three or more genders, including indigenous and even ancient Egyptian traditions. With these tools we will explore together what "the feminine" means for each of us.

Nina Brewer-Davis has been working in the area of healthy relationships and intimacy for over twenty years. She is a sex educator and director of a sexuality education program for kids in Kindergarten through 9th grade, using the Our Whole Lives curriculum. She is a medical advocate for survivors of sexual violence. She has a PhD in philosophy and has published academic articles on loving relationships and connection. She lives in a sleepy old house just outside Chicago with her family.



Weekend Gathering Workshops: Saturday, May 21

Half-Day: Afternoon

Music is the Magic With JoAnn Miner

10 participants max.

Music is the magic that can make us go to war, fall in love or be happy. In this workshop we will discuss the what, why and how that is the magic of music. We will experience the power of this magic through recorded examples and songs we will sing together. Music can bring us together and help us to manage our emotions. Come listen, sing and cast your spell!

When JoAnn saw that Music Therapy from Hospice helped her elderly father, she realized she needed music, too. JoAnn began a serious study of guitar, ukulele and voice. Along with opportunities to learn from professional musicians, she studied the how and why of music's magic to enrich our lives. She has led sing-alongs for residents of assisted living facilities and Alzheimers daycare centers. JoAnn was invited to lead the Ukulele Workshop at Music Week at the Mountain in 2021. This was canceled because of Covid but she will be leading this workshop at the 2022 event.

Sing and Dance in Praise of the Goddess! Maggie Moon O'Neill and Annelinde Metzner

30 participants max.

In this workshop, participants will sing to the Goddess in Her many forms, with a special focus on the Egyptian Goddesses. Annelinde Metzner will lead her original Goddess Praise songs, including new songs composed for this gathering. Many of the songs will also be offered as Sacred Circle Dances, choreographed especially for this event and led by Maggie Moon. Participants can choose whether to continue singing or to join in the dance for each song. Maggie Moon will also offer several dances with an Egyptian/Middle Eastern rhythm that encourage Bellydance type movements, and will share some simple Bellydance moves.

Annelinde Metzner is a poet and composer who is Director of Music at the UUCSV in Black Mountain, NC, and also directs Sahara Peace Choir. Her poetry and music was featured in the concert "Feminine Faces of God" with dance by Maggie Moon. Her songbook, "Lady of Ten Thousand Names: Twenty-One Songs of the Goddesses of Europe, Africa, and the Middle East" will be available for the workshop. She has led three song workshops at UUWomenspirit. Her website is <https://annelindesworld.blogspot.com/>

Maggie Moon O'Neill has taught Bellydance and Sacred Circle Dance for many years for groups large and small, and teaches regularly at the Light Center. She recently led a Track, "Sacred Woman, Sacred Dance," which included Sacred Circle Dance and Bellydance at UUWomenspirit. She also has led Sacred Circle Dance Facilitator Training and other dance workshops at UUWomenspirit. Maggie is a retired university faculty member, and worships as a Quaker and at UUCSV in Black Mountain, NC.

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Saturday Gathering Afternoon Workshops, *continued*

Hike to Chinguapin Mountain

With Krista Meinersmann

Hike to Chinguapin Mountain: We will enjoy a hike from the Mountain to Chinguapin. The aim is to reach Lookout #3 that gives the best view of the valley. Portions of the hike are strenuous but most of it is a gradual climb up or down. Please be sure to bring appropriate footwear, water, a snack, and a raincoat. This will be about a three-hour outing up and back with time to enjoy the view in the middle.

Krista Meinersmann has been attending UUWomenspirit since the first event in 1987! She is currently a member of the CoCo. She has served on several PCs, been the Chaplain for a few events, and offered other workshops over the years. She is a retired nurse educator having held multiple faculty and administrative roles in nursing education programs. She is also an ordained Interfaith Chaplain. Her spiritual journey is strongly connected to time in nature and the sacred dimension of the outdoors. She first did this hike in 1980 during a church retreat at the Mountain and has returned to it many times over the years.



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Our Chaplain



Trista Blouin comes to UUWomenspirit to serve with a background in companioning religious trauma survivors, over eight years in twelve-step recovery, leadership in her local Unitarian Universalist congregation in Pensacola FL, and current enrollment in one seminary for chaplaincy, and another seeking ordination as an interfaith/interspiritual minister. She embraces the healing, sustaining power of relationships (human and more-than-human), personal spirituality, and wonder. Play, heart-centered curiosity, photography, creative writing, intuitively-based spiritual practices- just a sampling of tools used in her role as a spiritual companion. She looks forward to serving our Sisters and making new friends at Womenspirit.

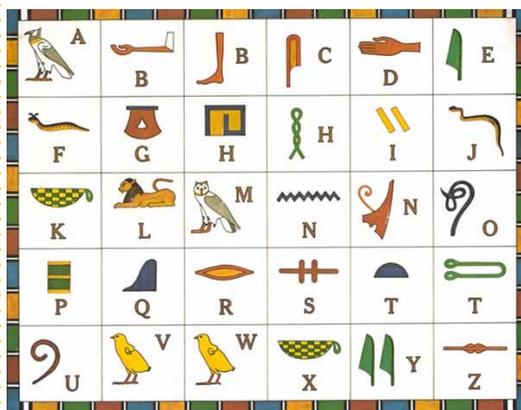
Worship Services

Participatory gatherings by the Worship Team

- Each Worship service is centered around a specific Egyptian Goddess, including Hathor, Bast, Sekhmet, Ma'at and Isis
- This event will be different in many ways, including the request to not set personal items on the altars inside the Worship space. There will be plenty of space right outside the doors and in the chapel for personal items to soak up the good vibes!
- You are invited to wear **BLACK** for Friday evening Worship
- Feel free to wear White to any other Worship service
- We will begin Worship with voluntary Sacred Dance led by Maggie Moon
- *Many of the items decorating our Worship space will be up for auction on Saturday night at Cabaret so let your eyes peruse the decor while your mind gets inspired!*



Event Activities



SELF GUIDED

Labyrinth walk - Do you feel stuck, like you're walking in circles sometimes? That's usually not a good thing, but here at The Mountain, the Labyrinth is a place of reflection, meditation or prayerful thought that can help propel you forward.

Meditation Rock - Located near The Mountain office, there are 2 benches that overlook the Blue Valley and the Nantahala Forest.

Stargazing - You likely won't see any celebrities here, but there are spectacular views of the night sky from the top of the tower.

Evening Tea & Talk - Gather late night with friends in the dining hall if you enjoy laughing until your face hurts, Tea and cookies are available to ease your pain. We'll also have coloring books available and coloring outside the lines is encouraged at UUWomenspirit.

Mountain Hiking trails - This is not an attempt to recreate the movie 'Wild,' that tells the story of inexperienced hiker Cheryl Strayed, but if you'd like a leisurely stroll in nature then stop by The Mountain Office for trail maps to Glen Falls, Chiquapin Mountain and Abe's Creek. These trailheads are located right at The Mountain.

INSTITUTE

NEW!! Fully Arriving to The Mountain – Did you have a nerve-racking drive up to the Mountain? Have a hard week, or are stuck in your own headspace? Join our Worship director, Rev. Maggie Lovins, after worship on Wednesday night as we gently meditate on fully arriving to Little Scaly Mountain in body, mind and spirit. Short meditation in gratitude to our returning to UUWomenspirit and it literally being our 'rock'.

Newcomer Welcome and Orientation - If this is your first time attending UUWomenspirit, this is a great way to get acquainted with The Mountain and have any questions answered about your Institute and/or Gathering experience, like why is that woman wearing a goat costume?

Healing Circle - Doesn't have to be a circle, it could be a square if you like, either way this is a time to give and receive healing from your sisters.

Sacred Circle Dancing - If those 15 minutes of sacred circle dancing before worship aren't enough for you, then come join your sisters in the treehouse for an hour and a half. You can learn a new circle dance, lead one or watch from the sidelines while taking notes.

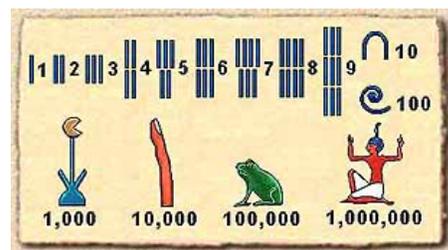
GATHERING

Newcomer Welcome and Orientation - If this is your first time attending UUWomenspirit, this is a great way to get acquainted with The Mountain and have any questions answered about your Gathering experience, like why is that woman wearing a goat costume?

Cabaret - UUWomenspirit meets America's Got Talent! Immediately following worship on Saturday night loosen up and show us what you've got! (Well, maybe use some discretion here. Or not, anything goes really). There is a signup sheet located in the dining hall.

Exciting!! Saturday Night Live Auction!! – Are you an armchair Egyptologist? Ever been accused of Egyptomania? How about- do you like Egyptian iconography and/or décor? Well, bring your best auction voice and a credit card to Cabaret as we live auction most of our beautiful Egyptian themed collection away! (Items to be picked up after Sunday service). Tapestries, curtains, pyramids, statuarities and more!

Drumming and Dancing - Immediately following Cabaret. Bring drums, other instruments and your dancing feet (even if you have two left ones, no judgement here!).



DAILY

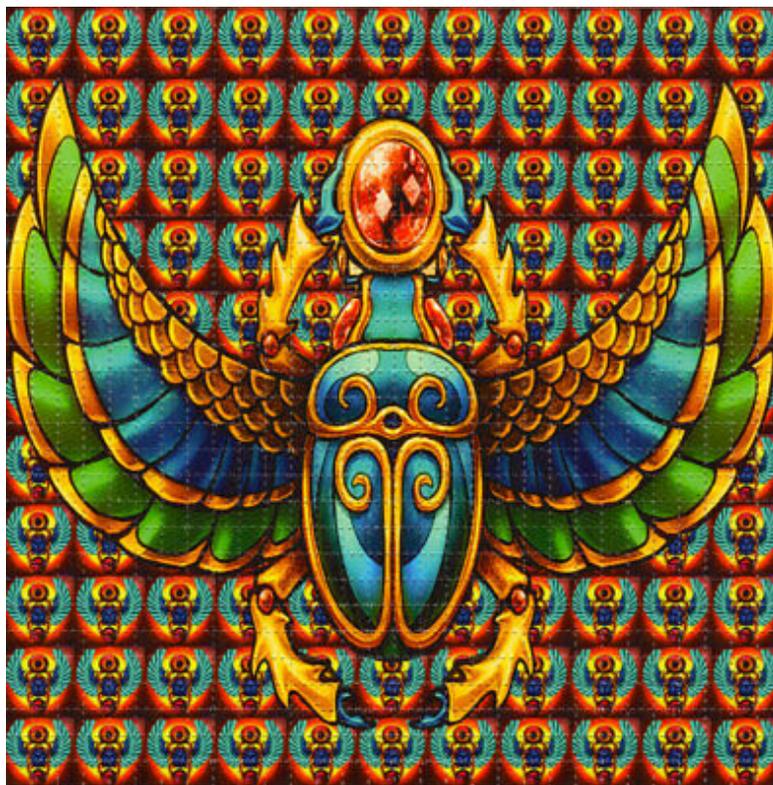
Social Hour - Do you normally spend your “social hour” on Facebook? Well this is even better. Gather with your sisters (in the flesh) before dinner for refreshments and light hors d’oeuvres.

12 Step Meetings – During the Social Hour, we will have a meeting in the Chapel for anyone in ANY 12-step recovery program who wishes to come. Facilitator Carolyn Pilgrim is 34 years sober in recovery.

Silent Auction - Quietly (hehehe) bring your gently used woman-centered objects for our Silent Auction to benefit the UUWomenspirit Scholarship fund.

Brigid’s Bazaar - Bring your own creations or woman-centered items from your woman owned business to sell in our Bazaar. The more bizarre the better (please stop by Helen’s table for an example). Visit or contribute to the networking table. Bring cash or checks, since some vendors do not accept credit cards. To reserve a vendor spot in the Bazaar, fill out the Sales Agreement Form on the website.

Global Goddess Sacred Sanctuary (Chapel) – Step into the world of the Global Goddesses and find yourself called to different corners of the Earth! Visit the Sacred Sanctuary lovingly and intentionally decorated by your Spring 2022 PC. In this beautiful space we hope you will find retreat and respite from the outside world. Four global alters will be set to visit, the altar of Quan Yin, Green Tara, etc. will welcome all to the East, the Celtic/European altar will be set to our more earth centered and witchy ways. We will also see an altar for a little closer to home, the Americas featuring Aztec/Inca, Indigenous, Inuit, etc., and of course we will have an Egyptian altar. Sacred Space for meditation and card reading (some supplied). Take a minute to stop by- breathe in the peacefulness of the space and appreciate the littlest building on The Mountain. Please note, the chapel is always open, but we do reserve it during **social hour** for those attending a 12 Step Meeting.



Merchandise

Order online when you register!
~ Merchandise sales close April 27th ~



All items are 100% cotton and printed with our beautiful logo. These shirts are printed with luxurious gold lettering on a deep, gorgeous purple shirt!

Unisex Long-Sleeved T-Shirt

\$20 Sizes: S-XL
\$21 XXL, \$22 XXXL



Unisex Short-Sleeved Crew Neck T-Shirt

Unisex Sizes: XS,-XL \$19,
XXL \$20, XXXL \$21

If you are unable to attend the event but would like to order merchandise, please contact Shauna Ireland at shaunac47@gmail.com. Your merchandise can be shipped to you at an additional cost.

The proceeds from merchandise sales are used to defray the cost of the event, so thank you!

**** You must order merchandise no later than April 27th ****

Registration Information

Register online at www.uuwomenspirit.org no later than Sunday May 8, 2022.

UWomenspirit uses The Mountain's online registration program. We do NOT have paper forms. There is a link on our website, along with detailed instructions to help in the process. Before you begin your online registration, PLEASE READ THESE PAGES CAREFULLY to avoid confusion or misunderstanding of policies and procedures.

IMPORTANT: Make sure that you also read the instructions on the UWomenspirit website and follow the registration link found there rather than any bookmarked links you may have. Pay special attention to the **Early Bird cutoff date of Monday April 25, 2022**. Register by this date to receive the Early Bird discount. If you fail to register by the Early Bird cutoff date, you will be charged the regular rate.

How to Register: Go to www.uuwomenspirit.org. You will see a link to instructions for UWomenspirit online registration and a link to start your registration process. You might find it helpful, especially if you are new to the online registration, to print the step-by-step instructions on how to navigate the registration process. Be sure to register by the Early Bird deadline to receive the Early Bird discount.

While you are registering, remember that members of UWomenspirit will receive a discounted registration rate. Dues are \$45 per calendar year (January 1-December 31), and members can receive up to \$80 off registration if coming to Institute and Gathering in both the spring and fall. For this event, the discount is \$20 per program (Institute or Gathering) or \$40 for both programs (Institute and Gathering). Please join UWomenspirit and help to support and grow our unique and dynamic organization! As a current member, in addition to being able to attend our meaningful events at reduced cost, you will have an opportunity to use and strengthen your leadership skills, participate in the consensus process, and, best of all, connect with an amazing network of wonderful women.

You must be a member at the time of registration to receive the member discounted rate. Visit the UWomenspirit website at www.uuwomenspirit.org, then click the "Join" menu option for a convenient link to Square to pay your membership dues, or for how to mail in a check for your dues. If you are unsure of your membership status, contact the Membership Chair, Linda Sterner, membership@uuwomenspirit.org.



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Fee Payment: All UUWomenspirit and The Mountain fees are due with your registration. Payment can be charged to Visa, MasterCard, AmEx, or Discover, or you can mail a check to The Mountain. Do NOT mail cash. Your registration will not be complete until payment is received. Some tracks and workshops involve materials fees, which must be paid IN CASH during check-in at the event.

If you are applying for a scholarship or have earned credit, check the relevant boxes during online registration and pay the balance. Remember that you will not be assigned to your track and/or workshops or housing until your entire fee has been paid.

Rate for UUWomenspirit Members	<u>Institute</u>	<u>Gathering</u>	<u>Institute & Gathering</u>
By 4/25 (Early Bird rate)	\$250	\$250	\$500
After 4/25 (regular rate)	\$270	\$270	\$540
Rate for NON UUWomenspirit Members	<u>Institute</u>	<u>Gathering</u>	<u>Institute & Gathering</u>
By 4/25 (Early Bird rate)	\$270	\$270	\$540
After 4/25 (regular rate)	\$290	\$290	\$580

**** No registrations accepted after Sunday May 8, 2022. ****

Lodging: Accommodations at The Mountain have a unique, rustic charm that is an integral part of our events. The Mountain fee for each program (Institute or Gathering) includes meals and lodging for two nights. One set of linens and towels per registrant is included. All rooms and cabins have twin beds and are double occupancy (or more for family cabins and bunkhouses).

You may indicate a lodging preference during online registration. While we do our best to accommodate you, preferences are NOT guaranteed. Please be aware that your request for single or double occupancy housing or housing in a specific building (i.e., the Lodge) may not be honored because of a limited number of rooms available. If you have physical restrictions that need to be considered when lodging is assigned, you **MUST** clearly indicate these during online registration.

Your lodging assignment will be made approximately one week prior to the beginning of the Institute and will be listed in the welcome packet you receive during check-in. If you want to room with specific women, you **MUST** request each other. Please do NOT request a roommate without checking with her first. If you do not request a roommate, you will be assigned one.

You can request a private room for an additional fee during registration; however, the number of private rooms is limited, and we cannot guarantee availability. Contact The Mountain guest services at gsoffice@theMountainRLC.org and look under Accommodations for descriptions of the lodging choices.



Special Dietary Needs or Mobility Issues: Be sure to indicate this during online registration. Remember that vegetarian choices are reserved for those who indicate such during online registration. If you have special dietary needs not included on the registration form, you should provide your own food.

Scholarships: UUWomenspirit maintains a Scholarship Fund from which we provide a limited number of partial scholarships, to those members who would otherwise be unable to attend. The partial scholarship covers a portion of the cost for the Gathering or the Institute and will be given for one program per 12-month period only.

Additionally, UUWomenspirit has launched a Young Women's Scholarship Fund to pay most of the cost of attendance for young women (under 35) who will be first time UUWomenspirit participants.

A link to the online scholarship application form is available on the event page on the UUWomenspirit website, and serves as an application for either scholarship. You must be a member of UUWomenspirit to apply for either scholarship, or you must join after receipt of the scholarship to utilize it. Click "Join" on the UUWomenspirit website for a convenient link to Square to pay your membership dues. The deadline for submitting your request is Monday April 18. For questions, contact registrar@uuwomenspirit.org.

If you can afford to donate to this fund, please do so during online registration or at any time using the Square link on the UUWomenspirit website.

Before the Event: About 2 weeks before the event, you will receive a couple of emails containing your welcome packet and confirmation letter. These emails will contain your track and/or workshop assignment (with suggested materials and optional reading information), housing assignment, worship information, daily schedule along with a site map, map of the area with directions to The Mountain and a list of what to bring with you. **Please print out** what information from those emails you might need as we will not have individual handouts onsite, though we will have schedules and maps for you to take pictures of, so you have the information as a picture on your phone. Your name tag will be available at check-in at The Mountain.

During the Event: Throughout the event, all activities are optional. Please make choices that best meet your needs. If you find it necessary to skip a track session or workshop, please let the facilitator know. If you leave The Mountain to shop or hike, please let others, including The Mountain Staff, know where you are going and the time of your expected return. While the attendees at our retreats are all women, The Mountain has a handful of male staff members on hand to assist us during our retreats as needs arise. Their presence during our events is minimal and we are grateful for their support.

The Mountain only allows smoking in one designated outdoor spot. There is **NO SMOKING** in any of the buildings.



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During the Event continued: NO pets or children are allowed at UUWomenspirit. The Mountain policy will permit guests to bring Service Animals only. If you are bringing a Service Animal, please put a note in the comment section when registering as well as informing The Mountain at gsoffice@theMountainRLC.org or (828) 526-5838.

If you bring a camera, please be sensitive and ask permission before taking any photographs. No photos should be posted on the Internet without specific permission of those pictured. Worship times are sacred, so we request that no photos be taken during that time.

Sales: One of the goals of UUWomenspirit is to pursue, nurture, and affirm creativity. We believe one way this goal can be achieved is by providing the space and opportunity for women to show and sell their arts, crafts, and other items. If you are interested in selling your offerings at this event, please complete the online Sales Agreement located on the event page on our website. **The deadline for submitting the Sales Agreement is May 8, 2022.**

Massage Therapy/Reiki: If you are a licensed massage therapist, Reiki/alternative healing practitioner and would like to offer your services at this event, please contact the Sales and Activities coordinator at shaunac47@gmail.com.

Cancellation Policy: If you register but are unable to attend and need to cancel, please immediately contact both the UUWomenspirit Registrar registrar@uuwomenspirit.org and The Mountain. The room and board portion charged by The Mountain is \$190 per program. The UUWomenspirit program fee is \$60 per program (\$80 after Early Bird deadline) for UUWomenspirit members and \$80 per program (\$100 after the Early Bird deadline) for non-members. Depending upon the timing and reason for the cancellation, all or a portion of the program fees may be refunded. UUWomenspirit has no control over what The Mountain may be willing to refund.

Please note this policy from The Mountain: Payment is required to register and confirm your space. Unconfirmed participants will not be housed. Paid reservations are considered on a first come, first served basis - preferences will be noted, but housing requests are not guaranteed. Please pay outstanding balance in full at least a week prior to arrival date to avoid housing issues. When notice is received more than 30 days prior to arrival date, \$35.00 is retained for each canceling adult; if notice is received within 30 days of your arrival, \$60.00 is retained for each canceling adult.

***NO REFUND FOR NO SHOW OR NOTICE RECEIVED ON OR AFTER ARRIVAL DATE. ***



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Notice via email is preferred. The Cancellation/Administrative Fee is retained except in the case of medical emergency. Remaining fees are refunded within 72 hours to credit card or by check within 7- 10 days when no credit card is on file. Questions? Contact The Mountain Registrar at gsoffice@theMountainRLC.org or 828.526.5838.

Covid-19 Information: We support The Mountain in following the current CDC guidelines, which include wearing masks in certain situations and social distancing. UUWomenspirit is committed to providing a safe event. To fulfill our commitment, there may be additional requirements implemented for the Spring event. These will be determined based on conditions as they develop closer to the event start date. Specific information about UUWomenspirit COVID-19 precautions and requirements, as well as The Mountain's requirements will be provided as part of the event confirmation letter. In the meantime, if you have any questions, please contact the UUWomenspirit Registrar, Linda Sterner, registrar@uuwomenspirit.org.

The Spring 2022 Planning Committee also requests that participants respect each other's wishes for distance, touch, hugs, masking, etc. Please remember to take care of your own needs and ask for consent when you are unsure.

