



Friday:
Social Hour, 5:30 pm
Worship Service, 7:15 pm
**The Kitchen: Nurturing
Our Spirits**
Tea and Talk, 8-9:30 pm

Saturday:
Worship Service, 8:30 am
**The Office:
Strengthening Our
Minds**
Workshops, Lunch, and
Social Time, 9am-6:30 pm
Worship Service, 7:15 pm
**Bed, Bath and Beyond:
Delighting Our Senses**
Cabaret, 8 pm

Sunday:
Worship Service, 9 am
**The Living Room: Living
The Sacred Every Day**
*All times are Eastern
Daylight Time

Join us for a virtual retreat this October 16-18. Gather in spirit with women from all over as we celebrate the sacred in every day. Our worship services will follow the theme of Every Day Sacred. With music and ritual we will explore how we can find the sacred in the rooms of our houses. On Saturday, we will join together in workshops to suit a wide range of interests and questions, from exploring specific goddess traditions, to embodied prayer, to reflecting on anti-racist practice in earth-centered spirituality. Services will be no more than 30 minutes, and workshops will be no more than 90 minutes, to suit the medium. During social times, we will have fun themes, prompts and activities. Join your sisters for tea and talk! (You provide the tea!) We will connect to each other across the distance from our own safe spaces.



\$20 registration for members (need-based scholarships available), \$30 for non-members, with most of the proceeds going to The Mountain Learning and Retreat Center in Highlands, NC.

To register and for more details, go to: www.uuwomenspirit.org