

# UU Womenspirit Retreat – Fall 2024



Theme: “Fire and Feather,  
Stone and Bone”

October 2-6, 2024

The Mountain Retreat and Learning  
Center, Highlands, NC

Welcome to the cave! Enter, come and gather with us around the fire, as we take a step back to the origins of humanity and experience our deeper connection to life force. Our ancestors around the world evolved their own spiritual practices that also transcend cultural differences and touch upon our shared human experience. Join us in our quest to learn, explore, and rediscover the universal thread running through ancient spiritual practices, as we connect with divine energy, raise our power, and reconnect with our own primal nature.

UU Womenspirit is a semi-annual retreat where women have gathered since 1987 to explore and celebrate the Feminine Divine. Weekday tracks, weekend workshops and daily worship services will guide our way as we explore our connection through ancient and transcendent spiritual practices. Additional activities during the event offer opportunities for conversation, connection, laughter, and quiet reflection.

For more information: [www.uuwomenspirit.org](http://www.uuwomenspirit.org).

